



## **FPA Meeting**

**October 20, 2014 6-8pm**

**PRESENT:** N. Savard; J. Savard; C. McNay

### **In Attendance:**

North Bay - 15

Parry Sound - 0

Burks Falls - 1

### **Special Presentations:**

- Donna Cunningham, B.A., B.Ed. Challenging Behaviors: What Really Works  
Hands: The Family Help Network

Donna discussed the use of the Functional Behaviour assessment to determine the function of the behaviour. You do this by collecting data of what happened immediately before the behaviour (antecedent); what is the actual behaviour in measurable terms (behaviour) and what happens immediately after the behaviour (consequence) from the point of view of the child. It was discussed that we typically spend 95% of our energy after a disruptive behaviour and only 5% of energy before a behaviour happens. The speaker was extremely knowledgeable about her topic and could have spent a good 1 more just going to over examples. I think the great take home message here is that Hands has some great resources available to assist us with children that have challenging behaviours. Please contact Norah if you would like copies of any of the handouts that were presented.

### **Committees:**

- LOFF Update:  
-LOFF Conference: May 29-31, 2015 at Notawasaga Inn; save the date with speakers to be sent out early January 2015.
- LDF Update:  
-Director Update (Norah Savard) – no updates
- CAS Update: Beckett Penfold presented an update as to the activities that are occurring for Foster Parent Appreciation week

### **New Business:**

- None

### **Old Business:**

- Vote on Goals for 2014/2015 year – tabled for the next meeting
- Mentor Advocate Program – resource team to submit names by end of month; mentors to be trained in December; mentor program to roll out in January 2015.

- Christmas Social (Tuesday, December 9) – reviewed update of work in progress

**Round Table Discussion:**

- None

**Next Meeting:**

- Monday, November 17, 2013 from 6-8 pm